

# The Lady of Bullyburg

## Want to know a bit more information?

### About the Show!

Join Lady Kindness as she encounters a bully who has taken over her town. The town of Bullyburg was overrun by a bully years ago. Everyone in the town lives in fear of the bully, but all who live there (even the royal court) have accepted this as a way of life. Lady Kindness disguises herself and embarks on a journey to find him, the bully himself. She conquers her fears by using empowering anti-bullying tools, audience involvement and endless kindness to save her kingdom. In the end, the town finally gets to take its rightful name back: Friendburg.

### What is a 'Lady'?

Being a 'lady' can mean a few different things. Sometimes it describes a woman who is refined, polite and well-spoken. It can also be used to describe a wife, a steady companion or even just a female. In our play the word 'Lady' means royalty. Any woman who is born into nobility or royalty can be described as a 'Lady'.

### What is a Bully?

The definition of a bully is anyone who uses strength or power to harm or intimidate others. It usually means that they will use hurtful or harmful words or actions to make someone else feel bad.



### TIPS TO HELP YOU WHEN DEALING WITH BULLIES!

\*\*\*\*\*

\*\*

- 1. Tell an adult!** Make sure you're telling someone you trust and that is willing to help you. If that adult doesn't help, then find another adult you trust until someone does.
- 2. Find friends to keep around you!** One of the best ways to keep someone from bullying you is to have a group around you. They can also be there to help if you're still getting bullied.
- 3. Walk away!** You don't ever have to sit there and listen to someone say hurtful things to you. You always have the power to leave the situation. If you don't have the power to leave, get out of the situation the first second you have the chance.
- 4. Write it down!** Always keep a record of who is bullying you, when they're bullying you and where they're bullying you. This way, you have a record ready to go if you ever need to take the situation to an adult.
- 5. Log off!** If your bullies are attacking you through the internet, you do not have to take it. You can always block them, change your username or stop using the social media site. Just make sure that whatever you do, you NEVER REPLY to them. This will only make the situation worse. Then, of course, bring the bullying to an adult.
- 6. Remember it is absolutely NOT your fault!** You are never the reason that you are being bullied. Bullies seek out people to pick on for all sorts of reason. The main reason is that they have something sad

## Group

### Discussions

\*Has anyone ever been bullied before?

---

**\*Do you think everyone experiences bullying at some point in their life?**

---

\*Why is it difficult to be around a bully?

---

\*What are some reasons that bullies bully in the first place?

---

\*Should we ever feel sorry for a bully?

---

\*Is it better to be nice to people? Why?

---

**\*What are some things we can do if someone bullies us?**

---

\*What do we do if we see someone else getting bullied?

---

**\*Is it our fault if we get bullied?**

---

**\*WHAT ARE SOME THINGS WE CAN DO TO PREVENT BULLYING IN OUR CLASSROOM?**

---

**\*Why is it important to stop bullying?**

# Crafty Classroom Activities!



### **THE ROYAL COURT**

Have everyone in the classroom make a paper crown that they can wear all day. Wear the crowns to lunch that day and promote good manners while they eat. Encourage them to speak to each other as royalty and to say something nice to everyone they cross paths with that day.

### **THE FRIEND BOX**

Have each student create a 'Friend Box' for their desk with a shoe box. Make sure there are fun things available to decorate with like jewels, markers, pom pom balls, stickers, glitter, string, glue and any other additives you can think of. Have them complete the box with their name written in plain sight. Set out several strips of paper and a pencil next to every box on each student's desk. Then have every student walk around and write something kind or nice about every single person in the room. Make sure they are all anonymous compliments. Then have everyone sit down at their desk and open their boxes and read every word. Don't forget to let yourself, the teacher, have one, too!

### **GET UP & MOVE!**

**\*HAVE EVERYONE GET UP ON THEIR FEET AND WALK AROUND THE ROOM LIKE A KNIGHT. NOW A KING. NOW A QUEEN. NOW A JESTER. KEEP ADDING IN YOUR FAVORITE MEDIEVAL STYLES AND TAKE SUGGESTIONS FROM THEM, TOO!**

**\*Have everyone think of their own royal story in groups of 3 or 4. Make sure they have a bully in their story somewhere. Have each group use healthy anti-bullying tactics to overcome the bully in the story and then act it out for the classroom.**

*\*Let each group choose! Have groups work alone or with friends to create something having to do with anti-bullying. They can write a song, make up a dance, put on a play or draw a picture and then present them to the class!*

**\*Have small groups create fun secret handshakes that use their whole bodies.**

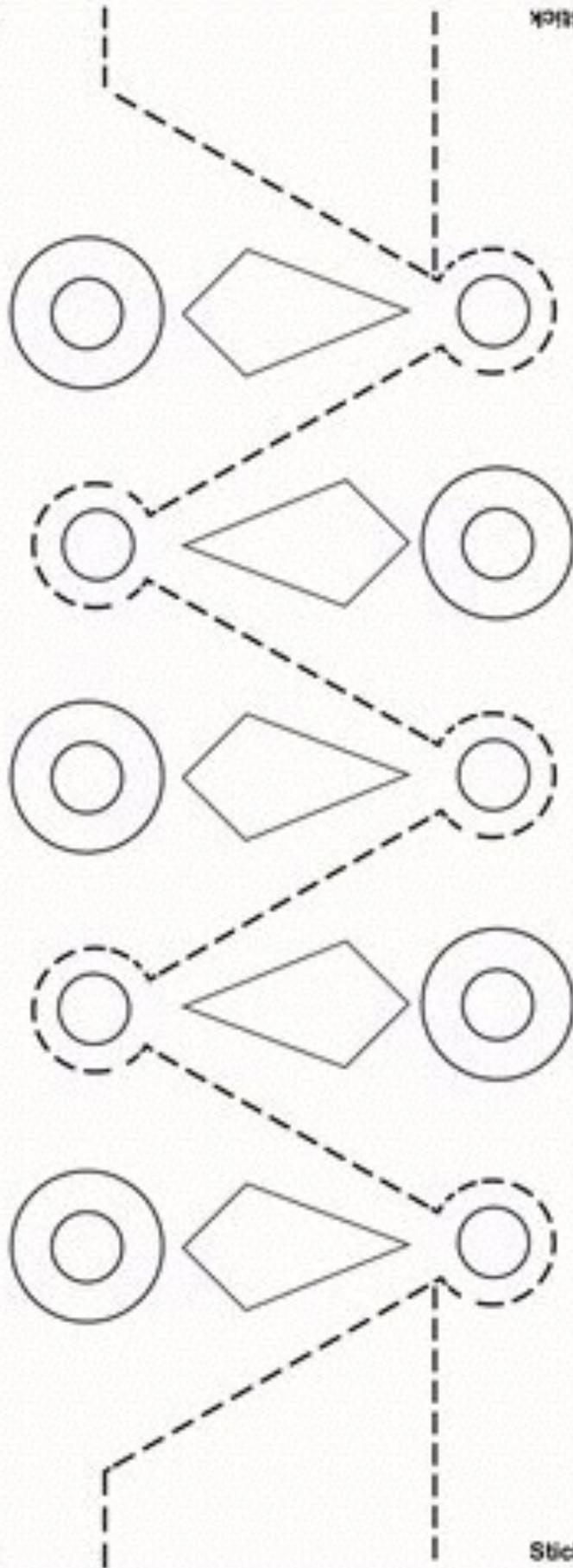


# Royal Court Crown Cutout!



Stick

Stick



Stick

Stick

Step 1: Cut along the dashed lines Step 2: Stick the straps together

# EVEN MORE ACTIVITIES!

**THE CLASSROOM OATH.** In our show ‘The Lady of Bullyburg’ Lady Kindness creates a town oath and has the students vow to the oath of keeping the town free of bullies and to be nice and kind to everyone they meet. Why not create your own Oath? Come up with a fun and creative name for the oath and have the students write it all. You can stand and mediate while writing all of the ideas on the board or a poster board. Once complete, have everyone take the oath and then keep the oath up all year long so everyone remembers the classroom rules they created for themselves.



## HAVE AN OLDER CROWD THAT LOVES TO WRITE?

\*\*\*\*\*

### WHAT HAPPENED RIGHT AFTER THE PLAY?

Have your students write the scene that happened directly after the play ended. What happened to the town of Friendburg? Did the bully remain kind? Lady Kindness said her first duty as Queen was to make sure everyone took an oath to never bully again. What was her second duty as Queen?

### WHAT HAPPENED RIGHT BEFORE?

Have the students write about what happened just before the play began. What made Lady Kindness want to go out into the town of Bullyburg?

### WHAT WAS THE KING'S BACKSTORY?

Have students write all about King Kindness. Why was he so afraid of the bully? What happened exactly that made him allow the town to be overrun by the bully? What did the bully do to take over the town? What was their first interaction like?

### WHAT IS YOUR OWN ANTI-BULLYING TALE?

Have your students write their own anti-bullying fairytale.



## Great Reads!

Do you like learning about royalty? Here are some great reads that deal with royal themes!

- \*The Paper Bag Princess by Robert Munsch
- \*The Piano Girl by Sheri Schoenborn Murray
- \*Spelled by Betsy Schow
- \*Pretty Maids in a Row by Teri Kanfield
- \*Ella Enchanted by Gail Carson Levine
- \*The Whipping Boy by Sid Fleischmann
- \*The Runaway King by Jennifer Nielsen
- \*Tuesdays at the Castle by Jessica Day George
- \*Princess Academy by Shannon Hale \*The Knight at Dawn by Mary Pope Osborne
- \*Ever After High: A Semi-Charming Kind of Life by Suzanne Selfors
- \*The Shadow Throne by Jennifer A. Nielsen

## Did you know?

- Students between grades 6-10 are most likely to be involved in activities related to bullying.
- Verbal bullying the most common type with about 77% of students being bullied verbally in some way.
- Some severe reactions to verbal abuse include poor self-esteem, depression, anxiety about going to school and even suicidal thoughts.



## YOU CAN BE AN ACTOR, TOO!

**Where to start:** All of our actors started out playing and telling stories when they were young -then they decided to study acting in school. Now they are pros! Here are some ways you can start doing theatre right away!

**In School!** Does your school have plays or musical performances? This is a great place to start.

**In Your Community!** Many towns have community theaters or local acting groups. See if you can try out!

**Start Something!** If your school doesn't have a drama club or a theatre club, talk to your favorite teacher about how you might be able to start one.

**At Home!** Get together with friends, cousins, brothers, sisters and make your own play. You can make up plays based on your favorite books and stories. Invite family and friends to see your performance.

**Try your best at new things!** There are lots of jobs in the theatre besides acting. Painters, set builders costumers, playwrights and more!

## Before, During and After the Play...



### BEFORE YOU SEE THE PLAY...

Attending the theatre is very different from watching TV or going to the movies. For one thing, the actors are real people who are performing right then and there. They can see and hear everything that happens in the audience. Because of this, YOU are an important part of the play and its important to do your job as an audience member well. Here are some tips before you see the play.

1. Please be quiet and respectful so everyone else around you can hear what's happening and so the actors can do their job.
2. The actors may ask you to participate. Don't be afraid to respond, ask a question or volunteer!
3. Keep your hands to yourself and your eyes up front.
4. If you like the play, be sure to clap at the end.
5. Have fun and enjoy!

## FUN FACTS ABOUT THEATRE!

After a play is over and everyone goes home, there is always a light left on backstage. It's called a ghost light!

The oldest play that is still around was written by an Ancient Greek named Aeschylus. It's almost 2500 years old!

The longest performance on stage ever was over 23 hours long! It happened in New Jersey in 2010.

William Shakespeare is a famous playwright, actor and poet. He wrote 37 plays like Romeo & Juliet, Macbeth and Hamlet and is still quoted by many people. There are 157 million google pages that mention him--the most of any famous person ever!

## After Seeing the Play...

**Write your own review of the play!**  
**A review is a way of telling your thoughts about a play, movie or book. Consider the following when you are writing your review.**

*What was your favorite part? Who was your favorite character? Can you summarize the play in your own words? If you had written this play, would you have done anything different? Would you recommend this play to a friend? Name one new thing you learned from watching this play!*



In theatre, it is considered bad luck to tell an actor, "Good luck" before a performance. Instead, you're supposed to say, "Break a leg!" No one really knows why, but actors say it anyway!

# Everything about the Theatre!



A mini-van is our hip and favored mode of transportation for touring the country!

...

## THEATRE VOCABULARY!

**Actor:** The people on-stage performing the play.

**Backdrop:** The background for the play.

**Props:** Anything that an actor holds while on-stage--a cane, book or rubber chicken.

**Downstage:** the area closest to the audience a long time ago stage were built at angles.



**Upstage:** The area away from the audience, like the back wall of the a stage.

**Director:** The person who told the actors where to go while they

## Facts about us!

1. Did you know we're owned by an Emmy winning actor?
2. Our actors average 1,000 miles a week traveling the country to entertain young audiences.
3. Our programs have been seen in almost every corner of the country and even around the world.
4. We watch over 1200 actors audition before we cast our season.
5. We offer dozens of different shows a season from Black History & anti-bullying to literary classics, science and more!
6. We tour to Moscow & St. Petersburg, Russia each year with performances.
7. We're based in Asheville, NC.

## ABOUT US!

Founded in 2003, Bright Star Theatre tours the nation offering high quality, affordable programs to every imaginable venue. We've had countless engagements at the National Theatre, toured to Moscow and are so grateful to be in your very school today!

were on-stage and helped them create the characters they played.

**Costumes:** The wigs, clothing and glasses that the actors wore to help flush out their characters .



**Auditions:** How an actor gets a role is by auditioning. They may have to interview, pretend to be a character from the play or read something from it.

**Set Designer:** The person who decided what should be on the background and who painted or created it.

The Process of a Play:

1. Actors audition
2. Directors cast the show (that means they choose actors)
3. The directors and actors rehearse the play (that means they practice it).
4. A team of people works on building the set, costumes and props.
5. The play opens (that means it is performed for the first time)!

Were there other terms that came from the experience of seeing the live play that you'd like to learn more about?

## BRIGHT STAR THEATRE

Bright Star Touring Theatre performs across the country from Boston to Burbank and many schools, museums theaters and community events in between. Each season our shows run the gamut from Black History to anti-bullying, from literary classics to biographical shows. Our shows are available throughout the year for any event in any part of the world.

## THE LADY OF BULLYBURG

Created by Bright Star Touring Theatre-Lead Authorship carried out by David Ostergaard, All Rights Reserved.

Learn more about this show, this company & our whole Season:

[www.brightstartheatre.com](http://www.brightstartheatre.com)

## THE LADY OF BULLYBURG

Made its debuts in 2002  
National Tour

We want every show to be special and remarkable for our audience. Please feel free to connect with us at anytime to tell us about your experience:

[David@brightstartheatre.com](mailto:David@brightstartheatre.com)