

# CAPTAIN FRIENDSHIP & THE BULLY BANDIT

BRIGHT STAR TOURING THEATRE

[WWW.BRIGHTSTARTHEATRE.COM](http://WWW.BRIGHTSTARTHEATRE.COM)

## About the Show!

It's a bird, it's a plane, it's Captain Friendship! Our super hero-themed show offers young audiences the opportunity to stand up to a bullying bandit and empower themselves. This show helps hold young people accountable so they will stop bullying when they see it. Captain Friendship also encourages them to ensure respect and peace among their classmates. The most exciting part of the show occurs when Captain Friendship bestows her Superhero powers unto the young audience members. By helping to stop the bully bandit, they realize that they were the true superheroes all along.

**IT'S ESTIMATED THAT 25% OF ELEMENTARY SCHOOL BULLIES WILL HAVE A CRIMINAL RECORD BY THE TIME THEY TURN 30.**

Our objective is to empower young people with the tools they need to stop someone from bullying them, while inspiring witnesses to step up and be accountable bystanders.



Captain Friendship--or at least one of the many performing this show!

## Meet Captain Friendship!

Captain Friendship is a superhero who enduring bullying while she was in elementary school--today she flies around the world bringing peace and harmony to students everywhere. Empowering them to be who they are! To celebrate their unique differences! To be kind to one another and to help stomp out bully bandits wherever they may

be. She loves character traits and young people that understand the importance of having friends. She wants every student to know the definition of the words: Kindness, Respect, Compassion, Empathy and More. Students should understand she takes her oaths and bestowing superpowers very, very seriously.



**CLASSROOM CRAFTING:** With a little imagination, paint, glue and plastic bottles--a superhero costume can come from anywhere. You can even make super hero masks from paper plates!



**CLASSROOM CRAFTING:** Here's a simple and fun way to reward good behavior. Maybe these treats can even be given out to young heroes that intervene to stop someone from being bullied!



**CREATE A HERO!** Captain Friendship needs another super hero friend. Could that be you? If so what superhero name would you take? What would your clothes look like? What would be your best character trait and powers?



## FACTS!

160,000 students skip school each day because of bullying.

1 in 4 teachers see nothing wrong with bullying and will intervene only 4% of the time.

1 in 10 drop outs, do so because of bullying.

3.2 million students are bullied each school year.

56% of students report witnessing bullying at their school.

1 in 20 students have seen a student with a gun at school.

## Bullying Types

We consider them as schoolyard or cyber.

**Verbal:** This type often involves name calling and/or teasing.

**Social:** Spreading rumors, intentionally leaving others out of activities on purpose, breaking up friendships, etc.

**Physical:** Hitting, punching, shoving and other acts of physical harm.

**Cyberbullying:** Using texting, email and other digital technologies to harm.

## Classroom Activities!

HERE'S SOME GREAT CLASSROOM ACTIVITIES WE'VE MANAGED TO UNCOVER FOR YOU!

- \* Consider a poster contest for your classroom or school. Have students create PSA-type messages that empower young people with tools to stop a bully.
- \* Creating a box in an accessible area allows students to anonymously report bullying incidents in school--informing staff without fear of repercussions.
- \* A teacher in New York was teaching her class about bullying and gave them the following exercise to perform. She had the children take a piece of paper and told them to crumple it up, stamp on it and really mess it up but do not rip it. Then she had them unfold the paper, smooth it out and look at how scarred and dirty it was. She then told them to tell it they're sorry. Now even though they said they were sorry and tried to fix the paper, she pointed out all the scars they left behind. And that those scars will never go away no matter how hard they tried to fix it. That is what happens when a child bully's another child, they may say they're sorry but the scars are there forever. The looks on the faces of the children in the classroom told her the message hit home.
- \* Have your students talk about the role of a bystander in instances of bullying. Move the conversation so it revolves around the bravery and courage of that person--next have your students create a poster of what a heroic bystander looks like.
- \* With newspaper, fabric or paper bags have your students craft their own superhero costume. Talk about what makes a super hero so special and what kind of personality and character traits do superheroes possess. How can they themselves become superheroes in their everyday life?
- \* Have a day in the cafeteria where students have to move to a brand new table to eat--this has to be people or a person that they normally don't eat with. Doing things like this have proven to help students build new friendships and embrace diversity!
- \* In our show Captain Friendship had the audience recite a pledge. Can your students come up with one for your classroom. About behavior and expectations. Maybe your class can even think of repercussions for breaking this pledge.
- \* Break your students into small groups and ask them to come up with an original piece of theatre involving a super hero and a character trait. Can they merge this into a short scene that can be performed in front of the class?



## TIPS FOR STUDENTS

Keep a record of what's going on.

Talk to an adult.

Avoid the bully / try to walk with a group of friends, etc.

Never fight back, turn around and walk the other way.

Remember **NO** One deserves to be bullied and it's certainly not your fault.





## YOU CAN DO THIS TOO!

**Where to start:** All of our actors started out playing and telling stories when they were young -then they decided to study acting in school. Now they are pros! Here are some ways you can start doing theatre right away!

**In School!** Does your school have plays or musical performances? This is a great place to start.

**In Your Community!** Many towns have community theaters or local acting groups. See if you can try out!

**Start Something!** If your school doesn't have a drama club or a theatre club, talk to your favorite teacher about how you might be able to start one.

**At Home!** Get together with friends, cousins, brothers and sisters and make your own play. You can make up plays based on your favorite books and stories. Invite family and friends to see your performance.

**Try new things and do your best at them!** There are lots of jobs in the theatre besides acting. There are people who paint the sets, make costumes, write plays and more. Get the most out of your art, music and English classes. You can use all of these things to be a live theatre pro!

## Before, During and After the Play...



### BEFORE YOU SEE THE PLAY...

Attending the theatre is very different from watching TV or going to the movies. For one thing, the actors are real people who are performing right then and there. They can see and hear everything that happens in the audience. Because of this, YOU are an important part of the play and its important to do your job as an audience member well. Here are some tips before you see the play.

1. Please be quiet and respectful so everyone else around you can hear what's happening and so the actors can do their job.
2. If something is funny, it is okay to laugh!
3. The actors may ask you to participate. Don't be afraid to respond, ask a question or volunteer!
4. Keep your hands to yourself and your eyes up front.
5. If you like the play, be sure to clap at the end.
6. Have fun! Enjoy yourself!

## FUN FACTS ABOUT THEATRE!

After a play is over and everyone goes home, there is always a light left on backstage. It's called a ghost light!

The oldest play that is still around was written by an Ancient Greek named Aeschylus. It's almost 2500 years old!

The longest performance on stage ever was over 23 hours long! It happened in New Jersey in 2010.

William Shakespeare is a famous play writer. He wrote 37 plays and is still quoted by many people.

There are 157 million google pages that mention him--the most of any famous person ever!

In theatre, it's considered bad luck

to tell an actor, "Good luck" before a performance. Instead, you're supposed to say, "Break a leg!"

## After seeing the Play...

Write your own review of the play! A review is a way of telling your thoughts about a play, movie or book. Consider the following when you are writing your review.

*What was your favorite part? Who was your favorite character? Can you summarize the play in your own words? If you had written this play, would you have done anything different? Would you recommend this play to a friend? Name one new thing you learned from watching this play!*





# Everything about the Theatre!



A mini-van is our hip and favored mode of transportation for touring the country!

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## THEATRE VOCABULARY!

**Actor:** The people on-stage performing the play.

**Backdrop:** The background for the play.

**Props:** Anything that an actor holds while on-stage--a cane, book or rubber chicken.

**Downstage:** the area closest to the audience a long time ago stage were built at angles.



**Upstage:** The area away from the audience, like the back wall of the a stage.

**Director:** The person who told the actors where to go while they were on-stage and helped them

## Facts about us!

1. Did you know we're owned by an Emmy winning actor?
2. Our actors average 1,000 miles a week traveling the country to entertain young audiences.
3. Our programs have been seen in almost every corner of the country and even around the world.
4. We watch over 1200 actors audition before we cast our season.
5. We offer dozens of different shows a season from Black History to anti-bullying and literary classics.
6. We toured Moscow with performances of our Aesop's Fables.
7. We're based in Asheville, NC.

## ABOUT US!

Founded in 2003, Bright Star Theatre tours the nation offering high quality, affordable programs to every imaginable venue. We've had countless engagements at the National Theatre, toured to Moscow and are so grateful to be in your very school today!

create the characters they played.

**Costumes:** The wigs, clothing and glasses that the actors wore to help flush out their characters.



**Auditions:** How an actor gets a role is by auditioning. They may have to interview, pretend to be a character from the play or read something from it.

**Set Designer:** The person who decided what should be on the background and who painted or created it.

**The Process of a Play:**

1. Actors audition
2. Directors cast the show (that means they choose actors)
3. The directors and actors rehearse the play (that means they practice it)
4. A team of people works on building the set, costumes and props.
5. The play opens (that means it is performed for the first time)!

Were there other terms that came from the experience of seeing the live play that you'd like to learn more about?



## BRIGHT STAR THEATRE

Bright Star Touring Theatre performs across the country from Boston to Burbank and many schools, museums, theaters and community events in between. Each season our shows run the gamut from Black History to anti-bullying, from literary classics to biographical shows. Our shows are available throughout the year for any event in any part of the world.

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Created by Bright Star Touring Theatre-Lead Authorship carried out by David Ostergaard, All Rights Reserved.

Learn more about this show, this company & our whole Season:

[www.brightstartheatre.com](http://www.brightstartheatre.com)

## CAPTAIN FRIENDSHIP & THE BULLY BANDIT

Made its debut in Spring of 2015  
National Tour

We want every show to be special and remarkable for our audience. Please feel free to connect with us at anytime to tell us about your experience: