

Operation Kindness: Captain Friendship

Classroom Study Guide

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ABOUT OUR SHOW!

AN ANTI-BULLYING ADVENTURE FROM THE HIGH SEAS!

Ahoy, mateys! All-aboard this high-seas adventure! Captain Friendship and the Amazing Amigo are back and this time they battle the Menace of Meanness. The Menace is a dangerous, shadowy figure who creeps up on our friends when they least expect it, bullying and pressuring them into behaving very badly. But they are no match for the Captain and his crew! Learn how to work well with others on your own crew and appreciate other cultures from around the world, all while learning to swab the deck with joy and kindness in your hearts!

160,000 students
miss school every
day due to fear or
intimidation from
another student!
-NEA

1 out of every 10
students who drops
out of school does
so because of
repeated bullying.

Bullying as Intimidation This comes up in the show...

Intimidation means trying to scare or make someone feel afraid. It's when someone uses their actions, words, or looks to make someone else feel unsafe or worried.

To explain this share relatable examples that children can understand. For instance:

- **Imagine if someone keeps taking your toys without asking and laughs at you. That's bullying because they're being mean and hurting your feelings.**
- **Intimidation could be when someone stares at you in a way that makes you uncomfortable or tries to make you do something you don't want to do by making threats.**



Captain Friendship who just happens to be a super hero!



Prepare to sail away from your cafetorgymnaism

BE KIND
TO ALL
KIND

GRADES

This 45-minute production has been especially designed for grades in Pre-K-5th grade. This show is one of dozens that we tour throughout the world from our base in Asheville, NC!



Please remember that you may be the only trusted adult in a Child's life. Please help them not to be bullied.

What does bullying look like today?

79% of bullying is verbal harassment
50% is social harassment
29% is Physical bullying
25% is Cyberbullying

CLASSROOM IDEA: TREASURE MAP!

Enlist your students to create a treasure map of their school. Except have the students mark X's on areas of the school or playground where they think a little kindness should be placed. The idea is that by using these maps a pattern may show you the areas of the school where bullies are presently thriving.

CLASSROOM IDEA: PIRATE CODE OF CONDUCT

Clearly even pirates had to create rules to live by. Can your students come up with their own version of the Pirate Code of Conduct? What happens, when one of their fellow mates breaks this code?

CLASSROOM IDEA: CREATE A PIRATE ADVENTURE

Have your students create their own pirate adventure using their imagination and picking from a list of character education words. Have them create a short story or scene (especially if they're working in groups) that uses a group of pirates to teach a valuable lesson.

CLASSROOM IDEA: PIRATE TALK

Pirate talk has become so popular there's now even a day dedicated to it. Can your class get through a whole day of talking like a pirate without messing up?

CLASSROOM IDEA: VOCABULARY

For a lot of younger students the concept of bullying is difficult to understand. It's important to teach young people what a bully is and what they may do. It's equally important that students know two things: It's not their fault for being bullied and everyone in life gets bullied at sometime or another. So often it's so easy for students to feel like they have to experience this all alone.

CLASSROOM IDEA: BECOME A CAPTAIN!

One thing that has evolved in recent years is the idea that a bystander has a really powerful opportunity to step in and help someone when they see them getting bullied. Consider having your students create a drawing of a situation when a bystander could step in and what it is they could do in the moment.

A teacher in New York was teaching her class about bullying and gave them the following exercise to perform. She had the children take a piece of paper and told them to crumple it up, stamp on it and really mess it up but do not rip it. Then she had them unfold the paper, smooth it out and look at how scarred and dirty it was. She then told them to tell it they're sorry. Now even though they said they were sorry and tried to fix the paper, she pointed out all the scars they left behind. And that those scars will never go away no matter how hard they tried to fix it. That is what happens when a child is mean to another child. They may say they're sorry but the impact is there forever. The looks on the faces of the children in the classroom told her the message hit home.

Classroom Activities!

CLASSROOM IDEA: LET'S HAVE A CONVERSATION

Let's take time to process the play, it's message and what the students learned from the production. Did they all take the oath to stop bullying? Can they think of times in their own life when they were bullied? How did that make them feel? What are tools they learned to stop someone from bullying them? How can they help if they see someone being bullied?

CLASSROOM IDEA: EMOTIONS

Ask your students to write down the different names they have been called when they have been bullied. Then ask them to destroy that piece of paper and throw it away. Now have them write down all the words and nice things they want people to call them. What's the difference between doing those two projects-- what emotions did they feel between them?

CLASSROOM IDEA: CREATE A BULLY BOX

Create a box in a handy area--like a hallway or the main office. This box should be used for students to anonymously report when they see bullying happening. It offers teachers and staff an opportunity to be aware of the bullying and hopefully offer help. It should include who is doing it, where it's happening, what is going on, etc.

CLASSROOM IDEA: POSTER PSA

Organize a classroom or school wide campaign to create anti-bullying themed posters. Messages should include ways to stop someone from bullying them and tips to people who are getting bullied. Showcase the posters around the school or community to keep enforcing the message that bullying is unacceptable and that students can seek help in these situations.

CLASSROOM IDEA: CAFETERIA TABLE SWAP

Have your students spend a week sitting with people in the cafeteria that they don't normally sit with. This fosters new friendships and may teach students lessons on diversity and acceptance.

CLASSROOM IDEA: ENFORCE KEY LESSONS FROM THE SHOW

Reiterate the key lessons from the show by asking students to talk more about what they mean and if they can abide by them:
Walk away from the bully.
Talk to an adult who can help.
Keep a record of what's going on
Try keeping friends nearby so you aren't alone.
What other lessons were part of the show?
What does your school suggest students do to stay safe and bully free?

CLASSROOM IDEA: AAAAAARGUING

Teach young people that avoiding conflict may not always be possible. But engaging in bullying is never a good choice. What's the difference between the two and how can students handle either situation?



Remember the Pirate Golden Rule!

"The only justification we have to look down on someone is because we're about to pick him up"
-Jesse Jackson

"Courage is fire and bullying is smoke"
-Benjamin Disraeli



Live Theatre--What to expect!

Audience Etiquette for Elementary Age People

Teaching elementary school kids about audience etiquette is important to help them develop respectful and considerate behavior during various events, such as school performances, assemblies, and theater visits. Here are some tips and guidelines you can use to teach audience etiquette to elementary school kids:

1. **Active Listening:** Teach students to listen attentively to performers, speakers, or teachers. Encourage them to focus their attention on the stage or the person speaking.
2. **Stay Seated and Still:** Emphasize the importance of staying seated during performances or presentations. Remind students to keep their bodies still to avoid distracting others.
3. **Hands and Feet to Themselves:** Explain that it's important to keep hands and feet to themselves, both for their own safety and to respect the personal space of others.
4. **Quiet Voices:** Remind students to use quiet voices if they need to talk during an event. Encourage them to save their conversations for before or after the performance.
5. **No Electronics:** Explain that electronic devices like phones and tablets should be turned off and put away during performances to avoid distractions.
6. **Clapping and Applauding:** Teach students to clap and applaud when appropriate, such as after a performance or at the end of a speech. Explain that clapping shows appreciation for the efforts of the performers.
7. **Avoid Negative Comments:** Help students understand that it's not polite to make negative comments about performers or speakers during an event. Everyone's effort deserves respect.
8. **Ask Questions Later:** Encourage students to save their questions or comments for after the event is over. This ensures that everyone can enjoy the performance without interruptions.
9. **Respectful Behavior:** Discuss the importance of being respectful to those around them. Encourage them to be considerate of others by not kicking seats, talking loudly, or engaging in disruptive behavior.
10. **Model Proper Behavior:** As educators and adults, be good role models for audience etiquette. When students see teachers and parents following the rules, they are more likely to do the same.
11. **Preparation and Discussion:** Before attending an event, have a brief discussion about audience etiquette. Review the expectations and remind students to apply what they've learned.
12. **Practice:** Organize practice sessions where students role-play being part of an audience. This can help them internalize the behaviors you've discussed.

By teaching elementary school kids about audience etiquette, you're not only helping them become respectful and considerate individuals but also preparing them to be attentive and engaged audience members in various settings.

A Little Bit About Us....

Did you know that we have performed for millions of audience members since our founding in 2003!
Our professional actors will travel around 1000 miles a week serving young audiences just like you and yours!
We are based in Asheville, North Carolina but have performed around the world!



Our actors LOVE Receiving Mail:
Bright Star Theatre, 565 Long Shoals Road, Suite 204, Arden, North Carolina 28704